REST FOR A Wearied SOUL;

OR,

The PILGRIM at his journey's End.

Being the last Legacy of Mr. JOHN BUNYAN *of* Bedfordshire, *left to his Children, when he lay upon his death-bed.*

CONTAINING,

I. His Admonition to them, of their Duty to God, to their Mother, and to one another. II. A Copy of Verses that he made upon himself, not long before his Death. III. Four and twenty godly Meditations. IV. Three and twenty godly Verses, which he gave to his youngest Son, when he lay upon his Death-bed. V. Twenty of his common godly Sayings and Proverbs. All which are very pleasant to read, and profitable to practise, being of excellent use for all sorts of People, that desire to live a godly Life in this present World.

The just Man walketh in his integrity, his Children are blessed after him. PROV. XX. 7.

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TO
The READER.

READer, ſee here a godly man's advice
Unto his ſons; ſee how he doth entice,
See how he does exhort, ſee how he prays,
See how he ſtrives to win them ſundry-ways.
His bowels earn, his breaſt is full of love:
His heart doth burn with fire from above.
Pray read this Book, and as you like it, then
Judge ye & ſpeak, and think and ſpeak again;
Do but read it, and as you like it, buy it,
Or rather pay for't firſt, and then try it.
I know you'll like it, if you're godly given,
Here's that will help you in the way to heav'n.
If you're ungodly, here's that will convert ye,
'Twill pierce your Heart, and yet it will not hurt ye.

JAMES HANDLEY.

REST

BRITISH MUSEUM 30 66 JUL

Reſt for a wearied SOUL:

OR, THE

PILGRIM at his Journey's End.

His Admonition to his Children; of their duty to God, to their Mother, and to one another: Wrote ſometime before his death, and afterwards found amongſt his writings

MY Children, I muſt now leave you: I am going to a better place: My glaſs is almoſt run, I hope I have made my peace with God, I have fought a good fight, and have finiſhed my courſe, and there is laid up for me a crown of glory. In my youth I was as wild and ungodly, I believe as moſt was: I ſpent my time idly, and never regarded what I did, ſo as I might but pleaſe and ſatisfy my appetite; (as to every particular of my life, it will be

needleſs to nominate; and as to my converſion, you have read it in the book of my converſion) I have ſince my converſion, I thank God, taken great heed to my ways, I have lived as uprightly as I poſſibly could; for if I did any wrong it was againſt my knowledge. I have wrote many good books, and have lived according to the ſcripture rules, as much as fleſh and blood was able: I loved the worſt of my enemies, who caſt many falſe aſperſions upon me, to diſgrace me; but thanks be to God, I owe no one any ill will, but heartily forgive all that have been my enemies, as I hope to be forgiven myſelf of almighty God. My dear children, let me intreat you to be admoniſhed by my word, and take my exhortation as a legacy; I having, as you know, very little elſe to leave you. *Firſt*, then, let me put you in mind of your duty to God. 2*dly*, your duty to your mother: And 3*dly* to one another.

Firſt of your Duty to GOD.

Draw nigh unto God, and he will draw nigh unto you James iv. 8 This very exhortation of St. *James*, is enough to entice you without any other. He tells you, that

that if you; draw nigh to God, he will draw nigh unto you, that is, by way of paraphraſe, if you love God, he will love you; if you fear GOD, he will defend you, if you are willing to turn from your evil ways, God will be willing to receive you; he deſires not the death of a ſinner; if you are not ſaved, it is your own fault; and indeed this text comprehends a very great deal of comfort. It brings glad tidings to a wretched ſinner; it ſpeaks peace to all. Thus far by way of exhortation. 2*dly*, What your duty to God is: *Fear God and keep his commandments, for this is the whole duty of man*, Eccl. xii. 3. There you ſee your duty. *Fear God and keep his commandments.* Fear to offend God, and be careful to keep his commandments, and that is your duty to God comprehended in ſhort. Be careful to ſerve him, fearful to offend him, diligent to keep his laws, willing to obey his commandments, abide all his corrections with patience, murmur at none of his ways, live honeſtly, love all men, ſwear not, lie not, (for the devil was a liar from the beginning) ſteal not, cheat not, take not the Lord's name in vain, have no other God, covet not that which is another man's, love the Lord with your whole heart, fear him, praiſe his name, bridle your luſts and unruly paſſions, reſiſt the devil, and he will fly from you; care not for the world,

world, and let your whole life be agreeable to God's Will. Suffer any thing for your religion, nay, death it ſelf. Die daily unto ſin, and live unto righteouſneſs, and in all things ſubmit to the will of God: *Draw nigh unto God, and he will draw nigh unto you.* I ſhall conclude this exhortation with theſe following precepts, which if you follow, you will do well.

1. Fear to do any thing againſt that God whom you love, and you will not love to do any thing againſt that God whom you fear.

2. Let your prayers be as frequent as your wants, and your thanksgivings as your bleſſings.

3. In the morning think what you have to do, for which ask God's bleſſing; at night, of what you have done, for which ask him forgiveneſs.

4. Take an exact account of your life; be not afraid to look upon the ſcore, but afraid to increaſe it: To deſpair becauſe a man is ſinful is to be worſe, becauſe he hath been bad.

5. Conſider the ſhortneſs of your life, and certainty of judgment, the great reward for the good, and ſevere puniſhment for the wicked, therefore make even with heavenly repentance at the end of every day, and ſo you ſhall have but one day to repent of before you die.

6. Do

6. Do injury to none, for by ſo doing you do but teach others to do injury to you.

7. Innocence will be your beſt guard, and your integrity will be a coat of mail to you: And he that dares to be wicked ſometimes for his advantage, will always be ſo if his Intereſt require it.

If you love God, "keep his commandments "for they are not grievous," as I have found by experience. "Draw nigh unto God, and "he will draw nigh unto you."

Secondly, Your Duty to your Mother.

Honour your father and mother, that your days may be long upon the land which the Lord thy God giveth thee, is the fifth commandment of God; and again *Prov.* xiii. 1. "A wiſe ſon heareth his father's inſtruction, "but a ſcorner heareth not rebuke:" And again, *Prov.* vi. 20. "My ſon keep thy father's "commandments, and forſake not the law of "thy mother. *Prov.* iv. 10. Hear O my ſon, "and receive my ſayings, and the years of thy "life ſhall be many." Here you may ſee that duty to your parents, is a commandment of God,

God, with his promiſe (that thy Days ſhall be many.) *Solomon* the wiſeſt man that ever was, or ever will be, in the next place, gives you a character of a wiſe ſon, that is, of a dutiful ſon, and of a ſcorner, that is of an undutiful ſon; the wiſe ſon hearkneth to his father's inſtruction: he willingly obeys, he ſighs and cries, father, I obey; when he is commanded to go he runs: When to make haſte, he flies; but the ſcorner, when he is rebuked, is angry, and is ready to fly in his father's face; when he is commanded to go, he hides himſelf, when to make haſte, diſdains and ſcorns to be ſpoke to. Conſider, my ſons, what I have ſaid, and honour your mother, when I am in my cold grave: I give you this charge in the ſight of God, who quickneth all things, and before Chriſt Jeſus, who before *Pontius Pilate* witneſſed a good confeſſion, that you keep this commandment without ſpot, 2 *Tim.* vi. 13. 4. Remember what came of *Abſalom*'s undutifulneſs, 2 *Sam.* xviii. 9. and by that take warning.

Thirdly, Your duty to one another.

BEhold how good and pleaſant it is for brethren to dwell in unity, Pſal. cxxxiii. 1.

My

My dear children, let me admoniſh you; let there be no diviſion amongſt you, live together as one fleſh, that in ſo doing you may pleaſe God, be a comfort to your mother, be a good example to others, and be for ever happy. Remember the ill conſequences of *Cain*'s hate to his brother *Abel*, *Gen.* iv. 8. Take warning by others harms, and you will do well. While others ſtrive one againſt another, do you ſtrive to do good one for another; while others are at variance, do you pray one for another; while others revile one another, do you comfort one another; while others act the part of *Cain*, *Gen.* iv. 8. do you act the part of *Joſeph*, *Gen.* xlv. 4. Bear with each others infirmities; and either love the other as himſelf, then will you pleaſe God and be bleſſed. Mind what I have ſaid, and lay it up in your hearts, and God give his bleſſing to it: I am now going to my father, and muſt leave you; I have kept the faith; and I hope we ſhall one day meet face to face in heaven, where pleaſures flow in ſtreams, in the preſence of the Almighty, and joy for evermore; where we may freely take a turn in the golden ſtreets of paradiſe, and ſing praiſe unto God for evermore. I have very little of worldly wealth to leave you, only this exhortation and my bleſſing. To God the Father, Son and holy ghoſt,

Ghoſt, be honour, glory and power for ever and for ever. My children, adieu.

A Copy of Verſes that he made upon himſelf, not long before his Death.

FOrbear fond man, and weep no more, 'tis vain
When heav'n decrees, 'tis folly to complain:
This worldly maſs is ſubject to decay,
And death and nature all things muſt obey.
The bluſhing roſe ſmiles with the morning ſun,
Juſt then looks gay, now withers and is gone:
Th' unthinking brutes with ſenſe alone poſſeſt,
Obey and haſten to their common reſt:
Nay, this proud fabrick ſhall at laſt become
That ill ſhap'd chaos which it iſſu'd from,
And prim'tive nothing ſhall to 'tſelf return.
Then why poor mortal doſt thou weep and cry?
Think what thou art, and be content to dy.
Pardon my ſin, Almighty GOD, I pray,
Forgive me all, then take me hence away:
Pity my ſorrow and relenting tears,
O let my cry come to thy gracious Ears:
Appeaſe my conſcience, waſh my ſins away,
Remit my crimes, then ſtrike this houſe of clay.
Then my triumphant ſoul ſhall upwards fly,
And leave with joy this worldly vanity.

Some

Some of his godly Meditations.

1. NO creature under heaven can afford my Soul any comfort, only thou, O Lord of eternal Glory, that art the help of man, and the great phyſician of Souls; thou bringeſt a man nigh unto death, and reſtores him to life again, that he may ſee his own weakneſs, and thy power: Wherefore all love and praiſe be given to thee, O God,

2, O GOD I extol thy ſacred name, tho' I'm a miſerable man, and wretched ſinner; and therefore unfit and unable to praiſe thee according to thy worthineſs; yet will I not ceaſe to give thee thanks to the utmoſt of my ſtrength: I will declare thy juſtice and mercies, and while I live I will praiſe thy Name; I will always love, honour and obey thee, and at no time forget thy mercies.

3. As for man he is nothing but duſt and aſhes, a ſhow of ſimple ſeed, and a ſlip of ſlender ſtrength; a bubble, a *Chaos* of corruption, and branch of fading flowers, a frame of moſt frail fleſh, whoſe life is but a ſpan, and full of miſery.

4. O heavenly father, let me not forget mine own frailty, let me conſider what I am, and remember

member always what I should be; then ſhall I forget to love my ſelf, and long after the love of thee: I am made after thine Image, tho' the falling from thy commandments hath ſoiled me ſore with ſin.

5. My ſins, O Lord, lie forth in plenty before thy face; I can turn no way but they purſue me; I would fain intreat thee to pardon them; but I dare not draw near thee for fear of them: Conſider my neceſſity, moſt mighty God, and deliver me for thy dear ſon's ſake.

6. Altho' my ſins be as the ſands of the ſea, and mine offences be more in number than the hairs of my head; yet take thou not vengeance O Lord, but as thou haſt many times ſhewed mercy; ſo now be gracious and forgive me, for I know tho' my ſins were as red as ſcarlet, yet thou canſt make them as white as ſnow. Therefore, O Lord, to thee be glory for ever and ever.

7. I have hungred O my God to feed upon thee; thou art the bread of life; not with the jaws of my fleſh, but with the mouth of my faith, until it may pleaſe thee to feed me at full, with the entire contemplation of thy ſubſtance, which I ſhall ſee face to face, and alſo be in the celeſtial glory when I am diſcharged of this houſe of clay, and maſs of corruption; this hope is the harbour of my delight, and the end of all my trouble. Haſten therefore, O Lord, and

and ſhake my glaſs, that the ſand of my life be-ing run out, I may live with the ſouls of juſt men made perfect, where I may ſing praiſe to thee for evermore, World without end. *Amen.*

8. Moſt gracious God, give me to drink of that water, that whoſo drinketh thereof ſhall thirſt the more after the ſweetneſs of heavenly things, whoſe taſte is unſpeakably pleaſant; and give me alſo to drink of that water, that whoſo drinketh thereof ſhall thirſt no more for ever; for it floweth from thee, the fountain of immortality: To thee, O Lord ſhall praiſe and glory be.

9. Truly, Lord, I ſee no cauſe why I ſhould long to abide in this life. If I were of ſuch perfection as St. *Paul* the Apoſtle was, I ſhould perceive the wickedneſs of this world, the glory of thy kingdom, and deſire earneſtly, as he did, *to be diſſolved, and to be with Chriſt.*

10. O Father, thou knoweſt my heart's deſire is always to ſerve thee, and abide in thy favour! Grant me, I pray thee, that I may live in thy law, work by that rule, walk in thy way, and live in thy fear, then ſhall I die in thy favour, and be for ever happy; out of the dread of man, out of the jaws of death, and out of fear of damnation.

11. O my God, execute thoſe things upon me, as it ſhall ſeem beſt unto thy divine wiſdom; as thou ſhall ſee it moſt fitting for my

ſoul,

ſoul, abridge the days of my pilgrimage, and commence the term of my life, call me from this clay, and clothe me with righteouſneſs, where thou art reſident with ſaints in glory everlaſting.

12. O What a joyful day ſhall that be, in which we ſhall behold with our eyes thoſe things which we have often recorded in our hearts, and hear with our ears, which we have read with our eyes, and feel with our ſenſe, that which we have conceived in our minds darkly, as it were in a cloud; but then to enjoy them perfectly!

13. Mortify the man of ſin, which reigneth within me, I pray thee, O God, that always rebelleth againſt the ſpirit keeping me in ignorance, and envying me the fruition of thee: Let no fear of a corporal death deter me from the moſt heavenly feeling of ſuch a ghoſtly contemplation. In heaven, O moſt pure God, there dwelleth no wickedneſs, but each ſong ſoundeth forth thy praiſe; wherefore all laud and honour be unto thee, O moſt mighty God, for ever and ever, World without end.

14. Thy ways moſt ſweet, O Lord, as the ways of righteouſneſs, and thy commandments conduct to heavenly honour. As for thy will, it is the well ſpring of life, the path of peace, the ſea of ſecurity, the port of perfection, and the fountain of all felicity; O Lord, I fain would en-

entreat thy divine majeſty, to remove the woful affliction, grief, miſeries, ſtripes, ſores and wounds, which my ſoul ſuſtaineth, thro' the continual ſurpriſe of my canker'd ſins, and in the abundance of thy mercies heal them, and hide them in the wounds of thy pierced ſide.

15. O thou God of all truth, my panting ſoul longeth after thee, becauſe thou art the conſummation of all happineſs; and in the ſight of thy glory I'm aſhamed of mine own unrighteouſneſs.

16. Oh my ſins, my ſins! they kill me with care, they daunt me with dread, they conſume me with ſorrow, they pine me with pain, they eat me with grief, they overthrow me with bigneſs, they preſs me with weight, they overlay me with load; they are too many in multitude, of too deep a dye; too wilfully conceited, too often repeated, too much followed and practiſed; I have not been enough ſorrowful for them, heaping daily ſin upon ſin; I have loved ſin too much, and thy ways too little; but the prodigal is now returning; therefore, O father, in thy great mercy, graciouſly receive him, for Chriſt Jeſus ſake.

17. Oh I come ſweet Jeſus, come with ſpeed to help me, for heaps of heavineſs as waves of water have entered into my ſoul to drench it; I am choaked with worldly cares, and ſtifled in the ſtinking ſtream of my ghoſt.

adverſary, and there is none, O Lord, but thou that can help me.

18. Refrain not, I beſeech thee, to extend thy mercy, where thou beholdeſt ſo urgent miſery. Draw not away from me (poor wretch) thy wonted benignity. Oh Lord! I lift my ſoul unto thy throne, and with my body do I approach unto thy ſacred place; and thus on the knees of my heart, do I humbly pray unto the divine Majeſty; LORD lay not the horrible uncleanneſs of my offences before thine eyes, but turn thy face from them, and look upon the trouble of my ſpirit and grief of my mind, and forgive me all my ſins; ſo great are the mountains of my miſdeeds, that in conſideration of them, there is no reſt in my bones; they are ſo many that they grow over my head, preſſing me down as a heavy burden.

19. O Lord, aſſwage thy juſt anger and diſpleaſure againſt me; and remit my ſins for Jeſus Chriſt his ſake.

20. O Lord, I have no righteouſneſs of mine own, whereby to cover my nakedneſs: O for the righteouſneſs of Chriſt, to be my ſalvation and ſanctification.

21. O merciful God lead me not into temptation, neither leave me to my own skill or ſtrength under them: I am weak and witleſs in my ſelf; let me always find thy grace ſufficient for me, and thy ſaving ſtrength ready

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dy to help me: Without thee I can do nothing.

22. O ſweet Jeſus, admit me into the honour and happineſs of ſpiritual fellowſhip with thyſelf: O give me a heart to break off communion with my luſts and idols; make thy gracious countenance continually to ſhine upon me, and be the comfort and ſtrength of my heart.

23. Lord enable me to lead a holy and religious life, while pilgrim and ſojourner in this evil world. Help me by thy grace ſo to live, as I may neither be aſhamed to live, nor afraid to die: When at any time I fall into faults, Lord raiſe me up again, and make me more watchful in time coming, that I may carry as becomes a good Chriſtian.

24. LORD, pity me a poor frail creature, prepare and fit me for my laſt change, that when I leave this ſinful and miſerable world I may enter into thy glory; even ſo, come Lord Jeſus, come quickly, Amen.

His godly Verſes, which he gave his youngeſt Son, when he lay upon his Death-bed.

MY deareſt ſon, before I die,
theſe verſes I have made,
Commit them to your memory,
mind them when I am dead.
Thy precious ſoul that lies at ſtake,
to Jeſus Chriſt commend,
That you may 'ſcape the burning lake,
which never has an end.

Firſt, unto God I do bequeath
my panting fleeting ſoul,
To be with them that do believe,
where no man can controul.

Oh! children, children, I do ſay,
unto me lend an ear;
Let not my words then paſs away,
which down are written here.

Fir

First, to your mother, be ſure that you,
ſhew honour all your days,
That when this world you bid adieu,
you may depart in peace.

For if otherwiſe you do prove
than what becomes a ſon,
God certainly will cut you off,
your glaſs will ſoon be run,

Be ſure you give her reverence due,
and to her will pray bend,
Or elſe worſe evil will enſue,
and ſeize you in the end.

Do not grieve her, but regard,
when ſhe to want draws nigh;
For God will ſurely her regard,
he hears the widows cry.

And next, to one another prove
kind as becometh brothers;
And always live in mutual love,
moſt kindly with each others.

Do not ſtrive, as wicked *Cain*
did ſtrive againſt his brother;
But always live without diſdain,
as does become each other.

Fear the Lord, obey the king,
live quietly together :
Strive for to be born again,
that you may live for ever.

Let heaven be your chiefeſt care,
and mind not ſhining gold ;
And always ſtrive to get a ſhare
in your redeemer's fold.

Love your neighbour as yourſelf,
and all men beſure that you
Do love, and to ſome give and lend,
and to others pay their due.

Mind the fatherleſs to relieve,
as long as you have ſtore ;
And do not let the widow grieve,
that begs alms at thy door.

For if that you do not ceaſe,
to give unto the poor ;
When thy ſtock thou ſeeſt decreaſe,
God ſoon will ſend thee more.

For he that giveth to the poor,
doth lend unto the Lord ;
He ſhall receive it threefold more,
as ſcripture doth record.

All

All ſtrife avoid, contention ſhun,
and brotherly love embrace:
Be ſure vain company to ſhun,
and labour hard for grace.

Remember the words of *Solomon*,
for wiſdom known full well,
Who ſays, a whore her ſteps go down,
ſtraight in the way of hell.

Swearing and lying practiſe not,
nor take God's name in vain:
For when you think it is forgot,
it will turn to your pain.

All idle talk ſee thou refrain,
mind not what bablers ſay;
Tell not a lye, tho' by't you gain,
and mind what wiſe men ſay.

Be not as they which follow play,
with duller heads moſt muddy;
But let thy mind be well inclin'd
Wiſdom to ſeek with ſtudy.

While fools do haſte their time to waſte,
ſpending in ſport the day;
Whilſt that they jeſt, let thy heart feaſt,
in ſeeking wiſdom's way.

All Re-

Remember death and judgment too,
mark well what here I ſay,
Remember what I ſay to you,
think on the judgment day.

His common Sayings and Proverbs.

1. HE that will dare to be wicked ſometimes for his profit, will always be ſo if his intereſt require it.

2. No man can ſerve God and his own fleſh; for he that fulfills the luſt of the fleſh, is no ſervant of God.

3. God is above all.

4. The Devil is never ſo angry as when a man turneth from his evil ways.

5. Death's dart never wants whetting.

6 Eternity is a long day.

7. A man needs not be wicked againſt his will, and he might bridle his will, if he loved to live righteouſly.

8. No worldly thing ſhould come in the ballance with thy precious ſoul.

9 If thou would be truly religious, keep thy heart, and bridle thy tongue.

10 Im-

10. Improve time well, and let none of it be misſpent either fooliſhly or wickedly.

11. Love all that bear God's image, for their heavenly father's ſake.

12. Let not one duty juſtle out another.

13. Faint not under thine affliction, but bear it patiently.

14. Avoid ill company, which is often a neck-break, and a great ſnare to youth.

15. In all things ſubmit to God's will, and be denied to thine own.

16. Be not ſo hot in purſuing the world, as to become cool in God's love and ſervice.

17. Be devout in God's ſervice, not to be ſeen of men, but to ſee and enjoy God.

18. Think not light of vain thoughts, or idle words.

19. Bring forth good fruits even unto old Age.

20. Make ſure and clear thy intereſt in Chriſt, and he will make thee happy for ever.

FINIS.

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